

10th EVF HOW
HANDS-ON WORKSHOP on VENOUS DISEASE
Lielupe Hotel, Jurmala (Riga), Latvia, 17-19 October 2019

SCIENTIFIC PROGRAMME

Thursday 17 October 2019

08.00 Welcome

Chronic Venous Disease (CVD) - Evaluation

Moderator: Tomasz Urbanek (Poland)

- 08.10 Definition of Venous Symptoms. *Lena Blomgren (Sweden)*
- 08.20 Revised CEAP classification. *Marianne De Maeseneer (The Netherlands)*
- 08.30 How accurate are our tests for reflux and obstruction? *Olivier Pichot (France)*
- 08.45 Evaluation tools for CVD patients and assessment of outcomes. *Stephen Black (UK)*
- 08.55 *Discussion*

09.05 **VIDEO: DUPLEX ULTRASOUND OF THE DEEP VENOUS SYSTEM** *Olivier Pichot (France)*

Non-invasive Treatment of CVD

Moderator: Lena Blomgren (Sweden)

- 09.20 Are drugs indicated and efficient? *Arkadiusz Jawien (Poland)*
- 09.30 When to use bandages and when stockings? *Karin van der Wegen (Netherlands)*
- 09.45 When to use intermittent pneumatic compression (IPC) *Adam Zielinski (Poland)*
- 09.55 *Discussion*

10.05 Coffee break

10.30 **Introduction to the Workshop** – when, where and how? *Marianne De Maeseneer (The Netherlands)*

10.40-12.40

Workshops: *Organiser: Marianne De Maeseneer (The Netherlands)*

Duplex investigations, Saphenous ablation (thermal/non-thermal), Foam sclerotherapy, Mini-Phlebectomy, Pelvic vein incompetence, Compression stockings, Ulcer treatment and Velcro compression system, Intermittent compression devices, IVUS, Stenting, Treatment strategies for superficial venous problems and pelvic incompetence, Thrombolysis, Mechanical thrombectomy, Veno-active drugs

12.40 Lunch

Primary superficial incompetence (1)

Optimal technique

Moderator: Marianne De Maeseneer (The Netherlands)

- 13.40 **VIDEO: SUPERFICIAL VENOUS TECHNIQUES:** preoperative marking, vein puncture, cannulation (Seldinger), the different catheters which can be used, positioning of the tip, ablation (with laser, RF, mechano-chemical, glue), additional phlebectomies; foam sclerotherapy, and modern high ligation + stripping in local tumescent anesthesia
- 13.50 When, why and how to save the saphenous vein (ASVAL)? *Sylvain Chastanet (France)*
- 14.00 Which method should you choose? *Steve Elias (USA)*
- 14.10 *Discussion*
- 14.20 Intervention for recurrence (PREVAIT). *Marianne De Maeseneer (The Netherlands)*
- 14.30 Pelvic congestion syndrome and pelvic vein reflux. *Thomas Heller (Germany)*
- 14.40 **Case presentations**
- 15.30 Coffee break

16.00 - 18.00

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Friday 18 October 2019

Primary superficial incompetence (2)

Focus on foam sclerotherapy

Moderator: Katy Darvall (UK)

- 08.00 Cosmetic treatment: vein viewer-guided sclerotherapy, CLaCS a.o. *Uldis Maurins (Latvia)*
- 08.10 How to avoid complications of foam sclerotherapy? *Tomasz Urbanek (Poland)*
- 08.20 Practical tips for successful sclerotherapy of the sub-ulcer plexus. *Katy Darvall (UK)*
- 08.30 *Discussion*

Prevention and management of Venous Thromboembolism (1)

Moderator: Tomasz Urbanek (Poland)

- 08.40 Prevention of venous thromboembolism: state of the art *Kirill Lobastov (Russia)*
- 08.50 CTV, MRV, IVUS and venography in the venous workup (acute DVT and CVD). *Haraldur Bjarnason (USA)*
- 09.00 Do the direct oral anticoagulants (DOAC's) change the treatment of a first episode or recurrent DVT? *Tomasz Urbanek (Poland)*
- 09.15 Current treatment of superficial vein thrombosis. *Arkadiusz Jawien (Poland)*
- 09.25 *Discussion*
- 09.35 **Case presentations**
- 10.20 Coffee break

10.40 – 12.40

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12.40 Lunch

Management of Venous Thromboembolism (2)

Moderator: Stephen Black (UK)

13.30 Catheter-directed thrombolysis combined with venous stenting. *Niels Baekgaard (Denmark)*

13.40 Pharmaco-mechanical and mechanical thrombectomy. *Thomas Heller (Germany)*

13.50 How to avoid post-thrombotic disease? *Tomasz Urbanek (Poland)*

14.00 *Discussion*

14.10 **Case presentations**

15.30 Coffee break

16.00 - 18.00

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Saturday 19 October 2019

Diagnosis and treatment of chronic venous insufficiency (C3-C6)

Moderator: Haraldur Bjarnason (USA)

08.00 Sequential treatment plan for CVI. *Steve Black (UK)*

08.10 Clinical practical management of venous ulcer. *Arkadiusz Jawien (Poland)*

08.20 Treatment of deep vein obstruction. *Haraldur Bjarnason (USA)*

08.30 VIDEO: Deep venous valve reconstruction. *Matteo Longhi (Italy)*

08.35 New perspectives on treatment alternatives for the femoral vein. *Steve Elias (USA)*

08.45 *Discussion*

08.55 **Case presentations**

10.10 Coffee break

10.40 – 12.40:

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12.40 Lunch

Diagnosis and treatment of lymphedema

Moderator: Tomasz Urbanek (Poland)

13.40 State-of-the-Art management of patients with lymphoedema. *Franz-Josef Schingale (Germany)*

13.55 *Discussion*

14.00 *Case presentations*

15.30 Wrap-up session: final questions for the Faculty and evaluation

15.40 End of the HOW