**ESVS Educational Travel Grant Report**

Firstly, I would like to thank the ESVS Educational Grant Committee for this unique opportunity, which greatly supports young vascular surgeons to visit and educate in prestigious European Centers of vascular and endovascular excellence.

As a vascular surgeon in a demanding clinical environment that deals with a variety of complex vascular cases, further and advanced experience in centers of excellence is highly appreciated. Through my experience in Munich, Germany in the context of ESVS Educational Grant, I had access to developing vascular and endovascular technologies and techniques and the opportunity to expose myself to the advanced skill set required for these types of procedures. Furthermore, I was actively involved in all steps of planning and care for these complex patients. This allowed me to gain experience with advanced practices in a realistic fashion, which further polished my surgical skills and eventually it will help me to reach my career goals.

I strongly believe that this experience allowed me to put the skills and knowledge learned to every-day vascular practice in Greece. After returning back to my country, the acquired skill set was disseminated to others in my Institution. As a result, I was able to share my own experiences gained in Munich with my colleagues in Greece, in order to improve healthcare in my country.

Overall, I believe that this great opportunity helped me to learn and grow and my parental Department to develop and implement complex vascular strategies. This will eventually advance the field of vascular surgery and bring promising new technologies to a greater number of patients in Greece.

Konstantinos Antonopoulos, MD