

ESVS educational travel grant report

I am vascular surgeon, PhD, working at Ivano-Frankivsk State National University in the department of vascular surgery of Ivano-Frankivsk Regional Clinical Hospital.

My main reason for applying for this grant was the opportunity to work with one of the best world's CEA expert Prof. A.R. Naylor. Our region has some problems with managing patients with carotid atherosclerosis. So it was very good opportunity to learn all the details of carotid endarterectomy.

Vascular unit at Glenfield hospital, Leicester city has a rich history: working with N. Volodos in construction of early AAA stentgrafts, A. Bolia who invented subintimal angioplasty and now Prof. A.R. Naylor.

During my stay, I learned:

- How to prepare patients for the carotid surgery
- Benefits of early (2 or more days) carotid endarterectomy after TIA
- How to select symptomatic and asymptomatic patients for CEA
- The most appropriate anesthesia for CEA
- Technique of CEA using bovine patch
- Different trips and trick during CEA
- Information about temporary shunt placement
- Technique and benefits of using transcranial Doppler
- Technique and benefits of using Hysteroscope during CEA
- Post operational CEA patients management

British healthcare system is very similar to new medical system, which is now introduced to Ukraine, so it was very interesting to see how it works.

Special interest for me was the program of aortic aneurism screening, how it works and how patients are being managed and prepared for EVAR on open AAA treatment. I think we will start such screening program in our city.

I would like to thank Prof A.R. Naylor and his team, for their help, kind guiding and experience I gained during my stay. I hope knowledge I learned will improve our CEA results. Also, I would like to thank ESVS for giving me such a good opportunity to "grow" as a surgeon and to improve my skills.

Oleksiy Gudz, M.D., PhD.

Department of vascular surgery, Ivano-Frankivsk regional clinical hospital, Ivano-Frankivsk National Medical University

